



Saint Thomas More
CATHOLIC COMMUNITY

Ash Wednesday

FEBRUARY 22, 2023

REGARDING THE LITURGIES OF LENT

The liturgical year tells the story of our salvation. The continual cycle of celebrations brings us from the remembrance of our parents' first fall and the first coming of Christ at Christmas, to our preparation for the second coming of Christ in the fullness of time. As we enter Lent, the liturgical year pivots in a particular way towards the height of the liturgical year, the celebration of the Resurrection of the Lord at Easter.

The liturgies of the Church present us with unique texts every time we gather for Mass. These texts, drawn from the passages we hear in Scripture, lead us to contemplate particular themes and help us with a more conscious participation in Mass.

During this Lenten season, these guides for Mass will highlight several texts: the Entrance Antiphon, the Responsorial Psalm response, the Gospel Acclamation verse, and the Communion Antiphon. These texts will be grouped together at the beginning of the guide. They will also be highlighted at their proper place in the Mass.

May these texts be an aid in your own Lenten journey "from ashes to the living font" as we walk with our catechumens and candidates to the celebration of the Sacraments of Initiation at Easter, as we accompany those who seek greater unity with Christ, and as we walk in the footsteps of those saints who have gone before us, both canonized and unknown.

Entrance Antiphon

You are merciful to all, O Lord,
and despise nothing that you have made.
You overlook people's sins, to bring them to repentance,
and you spare them, for you are the Lord our God.
Wisdom 11: 24-25, 27

Responsorial Psalm

Be merciful, O Lord, for we have sinned.
Psalm 51:3a

Gospel Acclamation

If today you hear his voice,
harden not your hearts.
See Psalm 95:8


Communion Antiphon

He who ponders the law of the Lord day and night
will yield fruit in due season.
Cf. Psalm 1:2-3

THE INTRODUCTORY RITES

Processional

“Again We Keep This Solemn Fast”



1. A - gain we keep this sol - emn fast,
 2. The law and proph - ets from of old
 3. More spar - ing, there - fore, let us make
 4. Let us a - void each harm - ful way
 5. We pray, O bless - ed Three in One,

A gift of faith from a - ges past,
 In fig - ured ways this Lent fore - told,
 The words we speak, the food we take,
 That lures the care - less mind a - stray;
 Our God while end - less a - ges run,

These for - ty days that, year by year,
 Which Christ, all a - ges' Lord and Guide,
 Our sleep, our laugh - ter, ev - 'ry sense;
 By watch - ful prayer our spir - its free
 That this, our Lent of for - ty days,

Bid con - trite hearts to Christ draw near.
 In these last days has sanc - ti - fied.
 Learn peace through ho - ly pen - i - tence.
 From schem - ing of the En - e - my.
 May bring us growth and give you praise.

Text: *Ex more docti mystico*; ascr. to St. Gregory the Great, c.540–604; tr. by Peter J. Scagnelli, b.1949, after John M. Neale, 1818–1866,
 © 1975, Peter J. Scagnelli, published by World Library Publications
 Tune: ERHALT UNS HERR, LM; Klug's *Geistliche Lieder*, 1543; harm. by J. S. Bach, 1685–1750

See Entrance Antiphon on page 2.

Sign of the Cross & Greeting

Collect

THE LITURGY OF THE WORD

First Reading

Joel 2:12-18

Rend your hearts, not your garments.

Responsorial Psalm

Psalm 51



Text: *Lectionary for Mass*, © 1969, 1981, 1997, ICEL
Music: Michel Guimont, © 1994, GIA Publications, Inc.

See Responsorial Psalm on page 2.

Second Reading

2 Corinthians 5:20-6:2

Be reconciled to God. Behold, now is the acceptable time.

Gospel Acclamation



Text © 1969, 1981, 1997, ICEL

Paul M. French
Music © 1994, WLP

See Gospel Acclamation on page 2.

Gospel

Matthew 6:1-6, 16-18

Your Father who sees in secret will repay you.

Homily

7:15 a.m., Rev. Stephen Pitts, SJ
5:30 p.m., Rev. Peter Etzel, SJ

Blessing & Distribution of Ashes

“From Dust We Came, to Dust Return”

Verses



1. From dust we came, to dust re - turn: the
 2. The good we will, we do not do; what
 3. For in God's word Christ shares the bread that

1. end of life and breath. Fierce shad-ows drive us to our
 2. we ab-hor, em - brace. We clothe our shame, de - ny our
 3. feeds our hun - g'ring souls and walks with us, God's Faith - ful

1. knees, these haunt-ing dreams of death. We
 2. guilt, and flee our Mak - er's face. Yet
 3. One, the guar-dian of our goals, till

1. claim from E - den's gar - den days un - til this
 2. there is One who did not sin, who tri-umphed
 3. by the love of Love a - lone he heals what

1. time of choice to know both good and ill, yet
 2. through his trials: he broke the Tempt-er's tang - ling
 3. sin has rent. O Je - sus, come and give us

2

1. still we heed the ser - pent's voice.
 2. snares and saved us from his wiles.
 3. life these bless-ed days of Lent.

Text: CMD; Michael Joncas, © 2014 The Jan Michael Joncas Trust. Published by OCP. All rights reserved.
 Music: GUARDIAN, © 2019, 2020, Scot Crandal. Published by OCP. All rights reserved.

Universal Prayer

R/. Lord, hear our prayer.

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THE LITURGY OF THE EUCHARIST

Preparation of the Gifts

5:30 p.m., “Remember”

Words and Music by Larry Harris

Text from Genesis 3:19 and Joel 2:13

Remember now that from dust you came, and to dust you shall return.
Remember, that short are your days upon the earth.
Come back to the Lord with all your heart,
Leave the past in ashes;
and turn to God with prayer and fasting.
For he is slow to anger, and ready to forgive.

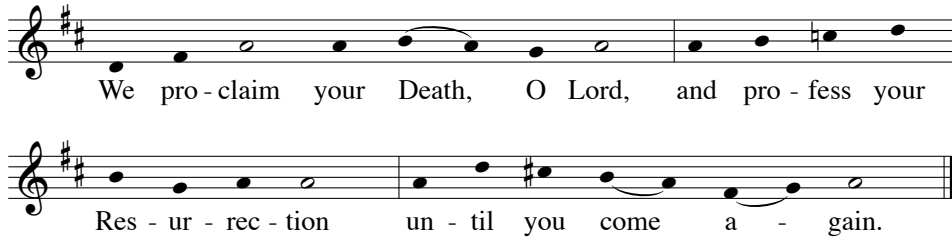
Holy, Holy, Holy

Mass in Honor of Saint Ignatius

Ho - ly, Ho - ly, Ho - ly Lord God of hosts.
Heav - en and earth are full of your glo - ry.
Ho - san - na in the high - est. Bless - ed is he who
comes in the name of the Lord. Ho - san - na in the high - est.

Text: ICEL, © 2010
Music: *Mass in Honor of St. Ignatius*, Russell Weismann, © 2012, GIA Publications, Inc.

Memorial Acclamation



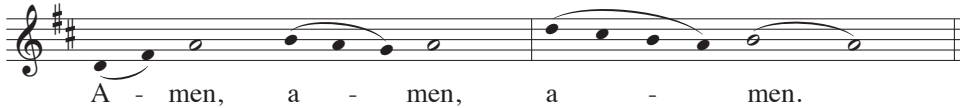
Two staves of music in G major (one sharp). The first staff contains the lyrics "We pro - claim your Death, O Lord, and pro - fess your" with a melodic line of eighth and quarter notes. The second staff contains the lyrics "Res - ur - rec - tion un - til you come a - gain." with a melodic line of eighth and quarter notes, ending with a double bar line.

We pro - claim your Death, O Lord, and pro - fess your

Res - ur - rec - tion un - til you come a - gain.

Text: © 2010, ICEL.
Music: *Mass in Honor of St. Ignatius*, Russell Weissmann, © 2012, GIA Publications, Inc.

Great Amen



A single staff of music in G major (one sharp). The lyrics "A - men, a - men, a - men." are written below a melodic line of eighth and quarter notes, ending with a double bar line.

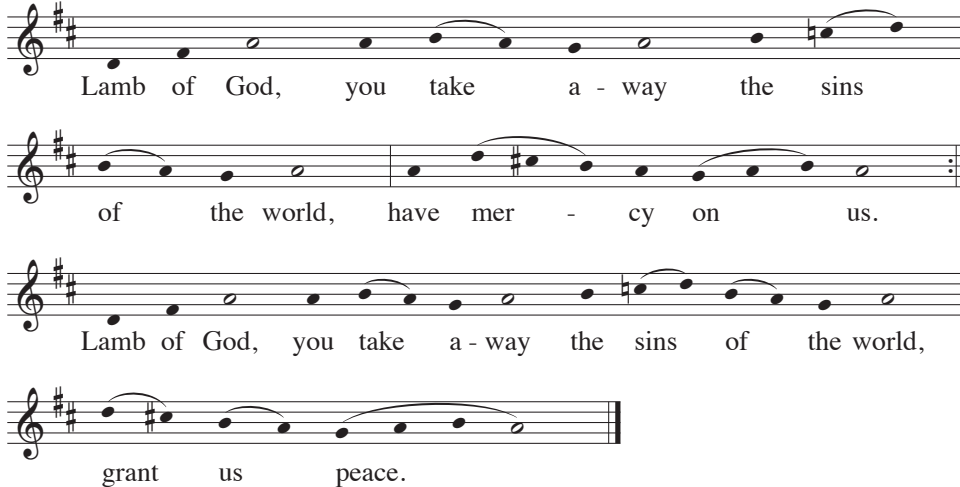
A - men, a - men, a - men.

Music: *Mass in Honor of St. Ignatius*, Russell Weissmann, © 2012, GIA Publications, Inc.

The Lord's Prayer

Sign of Peace

Lamb of God



Four staves of music in G major (one sharp). The first two staves contain the lyrics "Lamb of God, you take a - way the sins of the world, have mer - cy on us." with a melodic line of eighth and quarter notes. The third and fourth staves contain the lyrics "Lamb of God, you take a - way the sins of the world, grant us peace." with a melodic line of eighth and quarter notes, ending with a double bar line.

Lamb of God, you take a - way the sins

of the world, have mer - cy on us.

Lamb of God, you take a - way the sins of the world,

grant us peace.

Music: *Mass in Honor of St. Ignatius*, Russell Weissmann, © 2012, GIA Publications, Inc.

Communion Antiphon

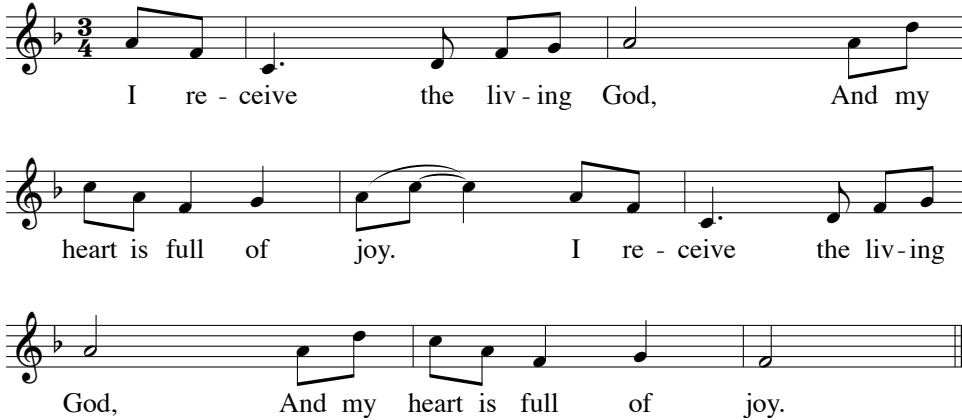
He who ponders the law of the Lord day and night
will yield fruit in due season.
Cf. Psalm 1:2-3

See Communion Antiphon on page 2.

Communion Song

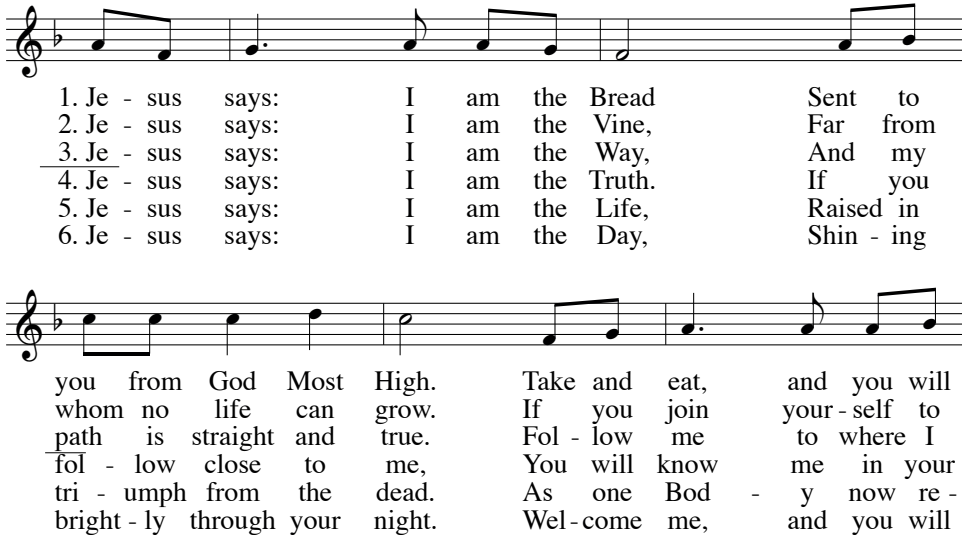
“I Receive the Living God”

Refrain



I re - ceive the liv - ing God, And my
heart is full of joy. I re - ceive the liv - ing
God, And my heart is full of joy.

Verses



1. Je - sus says: I am the Bread Sent to
2. Je - sus says: I am the Vine, Far from
3. Je - sus says: I am the Way, And my
4. Je - sus says: I am the Truth. If you
5. Je - sus says: I am the Life, Raised in
6. Je - sus says: I am the Day, Shin - ing
you from God Most High. Take and eat, and you will
whom no life can grow. If you join your - self to
path is straight and true. Fol - low me to where I
fol - low close to me, You will know me in your
tri - umph from the dead. As one Bod - y now re -
bright - ly through your night. Wel - come me, and you will

The music is continued on the following page.

D.C.

The musical notation is on a single staff with a treble clef and a key signature of one flat (B-flat). The melody consists of the following notes: a half note G4, a quarter note A4, a quarter note B4, a quarter note A4, a quarter note G4, a quarter note F4, and a half note E4. The lyrics are written below the staff, aligned with the notes.

live;	You	need	nev - er	fear	to	die.
me,	A	rich	har - vest	you	will	know.
lead;	There	my	Fa - ther	waits	for	you.
heart,	And	my	word	will	make	you
main,	Mem - bers	joined	to	me,	the	Head.
walk	By	the	Spir - it's	guid - ing		light.

7. Jesus says: I am the Love
Which can bind you close to me.
Those who know this gift I bring
Will find true community.

8. Jesus says: I am the Peace
Which the world cannot bestow.
Learn to love and live in me,
And in you my Reign will grow.

9. Jesus says: I am the Lamb,
And my death set sinners free.
Those who drink the cup I drink
Must take up this work with me.

Text: Vss. 1-3, 5-9, Bernard Geoffroy, b.1946; tr. by Ronald F. Krisman, b.1946, © 2011, GIA Publications, Inc.; vs. 4, anonymous
Tune: LIVING GOD, 7 7 7 7 with refrain; Dom Clément Jacob, OSB, 1906-1977, adapt.

Reflection

5:30 p.m., "Create in Me" by Michael Larkin
Psalm 51:10-12

Create in me a clean heart, O God,
and renew a right spirit within me.
Cast me not away from your presence,
and take not your Holy Spirit from me.
Restore to me the joy of your salvation,
and uphold me with your free spirit. Amen.

Prayer after Communion

THE CONCLUDING RITES

Blessing & Dismissal

Recessional

"From Ashes to the Living Font"



1. From ash - es to the liv - ing font Your
2. Through fast - ing, prayer, and char - i - ty Your
3. Come, pur - i - fy our hearts and lives, Cast
4. From ash - es to the liv - ing font Your



Church must jour - ney, Lord, Bap - tized in grace, in
 voice speaks deep with - in, Re - turn - ing us to
 out our sin - ful ways; As tem - ples of the
 Church just jour - ney still, Through cross and tomb to



grace re - newed By your most ho - ly word.
 ways of truth And turn - ing us from sin.
 Spi - rit, cleansed, Re - store us for your praise.
 East - er joy, In Spi - rit - fire ful - filled.

Text: Alan J. Hommerding, b. 1956, © 1994, 2011, World Library Publications

Tune: ST. FLAVIAN, CM; John Day's "Psalter," 1562



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